



The Reston Reliance



Reston District Station

“Providing Our Community a Solid Foundation Through Excellence”

January 2008

Reston District Station Officer Receives Award

PFC Patrick Nolan is Fairfax County Police Department’s recipient of the 2007 Washington Regional Alcohol Program (WRAP) Law Enforcement Award of Excellence for Impaired Driving Prevention. PFC Nolan has been a member of the Police Department since 2000, serving in the Patrol Bureau and currently assigned to the Reston District Station. Through his experience, advanced training, and leadership, PFC Nolan has distinguished himself as one of the Department’s most qualified officers for impaired driving enforcement.

PFC Nolan has maintained a high level of DWI arrests for the past seven years while operating as a patrol officer. Northern Virginia MADD

recognized PFC Nolan as one of the Department’s top producers of DWI arrests with 42 in 2006. He currently holds the Department’s record for the highest number of Zero Tolerance arrests for drinking and driving. PFC Nolan regularly volunteers to participate in the Department’s aggressive sobriety checkpoint program. He has



worked each of the last three years as a member of the Department’s special Safe December Squad for holiday DWI prevention. During 2007, while serving as a member of his station’s special Traffic Selective Enforcement Team, PFC Nolan promoted and helped organ-

ize two 14-day, high visibility DWI enforcement operations.

PFC Nolan has consistently sought out advanced training in order to keep his skills and knowledge current in the area of impaired driving enforcement. He is considered a specialist in the use of the Passive Alcohol Tester Flashlight and the use of cruiser video tapes for DWI investigations. He serves as a Virginia Licensed Breath Test Operator Instructor, a Standardized Field Sobriety Test Training Instructor, and assists with basic and in-service DWI enforcement training.

PFC Nolan exemplifies dedication and excellence in impaired driving enforcement and prevention. Congratulations to PFC Nolan for being recognized for his accomplishments.

Police Introduce New Technology

Fairfax County Police are now able to instantaneously identify someone by their fingerprints and photograph while on the street. The Northern Virginia Automated Fingerprint System (NOVARIS) has received funding from the Office of Homeland Security to upgrade the fingerprint identification system with the latest technology including facial recognition software.

The Department purchased 50 portable Automated Fingerprint Identification System (AFIS) units. The units can be used to identify a person by scanning two index fingers and taking a photograph. Any person with a criminal record will be searchable through the AFIS unit. Once a match is made, a photo of the individual and the correct identification will appear.



This upgrade will significantly improve police capabilities to track criminal activity throughout the region, combat terrorism, contribute to gang intelligence gathering and solve a greater number of crimes. NOVARIS is a member of the National Capital Regional Automated Fingerprint Identification System (NCR AFIS).

IN THIS ISSUE

Reston Officer Receives WRAP Award	1
Police Introduce New Technology	1
Crime Bulletins	2
Winter Driving Safety Tips	2
Winter Preparedness Reminders	3-6
Reston Business Crime Watch	6
Police Station Services	7
Community Phone Numbers	8

Under Investigation

Great Falls-Area Bank Robbed

A 31-year-old Sterling woman, a teller at the BB&T Bank at 9915 Georgetown Pike in the Great Falls area, was robbed on Friday, November 16, 2007 around 9:25 a.m. Police responded to the bank after a hold-up alarm was activated. A man entered the store, displayed a knife and demanded money. An undisclosed amount of money was stolen and the suspect fled. There were no injuries.

The suspect was described as wearing a mask, khaki jacket, cream pants and gloves. He was about 6 feet tall with an average build.

Anyone with information is asked to call Crime Solvers at 1 (866) 411-TIPS/8477 or Fairfax County Police at (703) 691-2131.

Serial Garage Burglars Arrested in Reston



Eight suspects have been arrested in a series of 27 burglaries that occurred in the Reston and Fair Oaks areas from May through August of 2007. In each case, the victims' homes were targeted because they had left their garage doors standing open. The suspects entered the garages and removed sporting goods, consisting mostly of golf clubs.

Diligent officers and detectives pursued every possible investigative lead to bring these cases to a swift and successful conclusion. The following is a list of adults arrested as a result of this investigation:

1. Haik Petrosian, 18, charged with one count of grand larceny.
2. Joseph M. Enrico, 18, charged with one count of burglary and four counts of grand larceny
3. Alec Berger, 18, charged with one count of burglary and three counts of grand larceny
4. Charles Durbin, 18, charged with two counts of burglary and two counts of petit larceny.
5. Andrew Fisher, 19, charged with two counts of burglary and two counts of petit larceny.

Three Reston-area juveniles were also arrested and charged with a total of five counts of burglary, four counts of grand larceny and three counts of petit larceny.

The police department encourages all citizens of Fairfax County to secure their homes properly to minimize the opportunity for crime to occur. The Reston District Station still has unclaimed property recovered from these burglaries. If you believe any of this property might belong to you, please contact Detective Estess at 703-478-0904.

Winter Driving Safety Tips

1. Check your tires for proper air pressure and tread. Bald tires make it difficult to stop.
2. Maintain a filled washer fluid reservoir and change your windshield wipers at the beginning of the season.
3. Before leaving your driveway or parking space, make sure to clear all snow and ice from the glass, especially your windshield, taillights and brake lights.
4. Carry a blanket, jumper cables, flashlight, and a charged cell phone with you.
5. Do not leave your vehicle running unattended. Vehicle theft increases during winter months due to leaving vehicles unattended while they warm up.
6. Try not to drive at night, especially when there is snow and ice.
7. If you are driving on icy roads, give yourself more stopping distance between vehicles.
8. Do not become overconfident in ABS (Anti-lock Brake System). ABS will not keep you from sliding on slick roads.
9. Slow down – There is an increase in SUV rollover crashes during the winter.

Do Not Drink and Drive

FAIRFAX COUNTY CRIME SOLVERS

Cash Rewards for information leading to the arrest of criminals.

You need not give your name.

1 (866) 411-TIPS (8477)



CALLERS MAY REMAIN ANONYMOUS

Fairfax County Crime Solvers 4100 Chain Bridge Road
Fairfax, Virginia 22030

EMAIL: CRIMESOLVERS@FAIRFAXCOUNTY.GOV

Proud Member of National Capital Area Crime Solvers

Three ways to receive The Reston Reliance newsletter:

1. Contact the Crime Prevention Office at (703) 478-0799.
2. Join the mailing list by contacting MPO Chip Cogan at Harry.Cogan@Fairfaxcounty.gov.
3. Sign up at www.fairfaxcounty.gov/police/newsletter to receive notifications to download current newsletters.

Winter Preparedness Reminders

County Residents Encouraged to Plan for Cold Weather Season

With the beginning of winter and colder weather, Fairfax County encourages residents to take precautions to stay safe. The following are many tips and reminders of how to stay safe during the winter weather season.

Cold Temperatures and Wind Chill

Wind chill indicates how cold people and animals feel while outside. According to the National Weather Service, wind chill is not the actual temperature but rather how the wind and cold feels on exposed skin based on the rate of heat loss. As the wind increases, heat is carried away from the body at a rapid pace, driving down skin temperature and eventually the body's internal temperature. Therefore, the wind makes it feel much colder.

If you are going to be outside, the American Red Cross encourages you to:

- Dress appropriately. Air temperature does not have to be below freezing for someone to experience cold emergencies such as hypothermia and frostbite. Wind speed can create dangerously cold conditions even when temperatures are not that low.
- Dress in layers to adjust to changing conditions. Avoid overdressing or overexertion, which can lead to heat illness.
- Wear a hat, preferably one covering your ears, because most body heat is lost through your head.
- Wear mittens as they provide more warmth to your hands than gloves.
- Wear waterproof, insulated boots to help avoid hypothermia or frostbite by keeping your feet warm and dry, and to help maintain your footing in ice and snow.
- After coming inside, immediately get out of wet clothes and warm the core body temperature with a blanket or warm fluids such as hot cider or soup. Avoid caffeine or alcohol in cases of hypothermia or frostbite.



Frostbite and Hypothermia

According to the National Weather Service, frostbite is damage to body tissue caused by extreme cold. A wind chill of minus 20 degrees Fahrenheit will cause frostbite in just 30 minutes. Frostbite causes a loss of feeling and a white or pale appearance in extremities, such as fingers, toes, earlobes or the tip of the nose. If symptoms are detected, get medical help immediately. If you must wait for help, slowly re-warm affected areas. However, if the person is also showing signs of hypothermia, warm the body core before the extremities.

Hypothermia is a condition brought on when the body temperature drops below 95 degrees Fahrenheit. Warning signs include uncontrollable shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness and apparent exhaustion. Take your temperature and if it is below 95 degrees, seek medical attention immediately.

Fairfax County's emergency homeless shelters have additional capacity during winter months to take in people overnight who are at risk of hypothermia. More information about the shelters is available online at www.fairfaxcounty.gov/dfs/factsheets/emershelter.htm. If you see someone at night who is unsheltered and you think could be at risk of hypothermia, call the county's non-emergency phone line at 703-691-2131, TTY 711.



Shoveling Snow

According to the Virginia Department of Emergency Management, shoveling snow is hard on your body. Research has shown the energy used to shovel snow is similar to playing singles tennis or speed walking at 5 mph. If there is any reason that shoveling snow might be dangerous for you, such as a heart condition, consult your doctor before shoveling.



Emergency Supply Kit

Because ice storms and blizzards can knock down power lines, freeze water pipes and prevent you from traveling, county residents should be sure to have a home emergency supply kit, including:

- At least a three-day supply of food that won't spoil.
- One gallon of water per person, per day.
- A battery-powered radio (people with hearing impairments should consider signing up for the Community Emergency Alert Network – CEAN – at www.fairfaxcounty.gov/cean and obtaining a cell phone with text messaging capacity to receive CEAN messages).
- A flashlight with extra batteries.
- A first-aid kit.
- An extra supply of prescription or over-the-counter medicines.
- A plan for those with special needs who may need to come stay in your home because they lost utilities from a storm. Those with special needs could include the elderly, people with disabilities and the medically frail.

Additional information on assembling an emergency supply kit is available online at Fairfax County's Emergency Information Web page, www.fairfaxcounty.gov/emergency.

People With Disabilities

People with disabilities also may want to take extra care during the cold weather season. Some disabling conditions may limit sensory abilities and the ability to maintain body heat, so be particularly vigilant about staying warm when you are out in low temperatures. Wear multiple layers of clothing, including a scarf around your neck, a winter hat, lined boots and two pairs of socks. If possible, wear thermal gloves underneath mittens to keep your hands warm. It's also a good idea to carry a

WINTER from page 3

cell phone.

Additional tips for people with disabilities:

- If you receive home-based care (e.g., homecare attendant, home health aide, visiting nurse service), include caregivers in developing your plan and familiarize yourself with your homecare agency's emergency plan.
- If you are blind or have a visual disability, store a talking or Braille clock or large-print timepiece with extra batteries.
- If you have a pet or service animal, also plan for his or her needs (e.g., temporary relocation, transportation, etc.).
- If you rely on home-delivered meals, always stock nonperishable food at home in case meal deliveries are suspended during an emergency.
- Have a plan with your doctor that addresses emergency prescription refills, if possible.
- If you receive dialysis or other medical treatments, find out your provider's emergency plan, including where your back-up site is located.
- If you rely on medical equipment that requires electric power, contact your medical supply company for information regarding a back-up power source such as a battery. Follow the manufacturer's directions when installing the equipment and the battery back-up. If you use a portable generator for emergency power, follow the manufacturer's directions for safe operation, and check with local fire and building officials for regulations governing generator and fuel use. Ask your utility company if the medical equipment qualifies you to be listed as a life-sustaining equipment customer. Dominion Power customers can call 1-888-667-3000, TTY 711 for more information.
- If you rely on oxygen, talk to your vendor about emergency replacements.

Home Heating

Fairfax County residents who face an emergency heating situation this winter may be able to access assistance from a federally funded program locally administered by the county's Department of Family Services.

The Crisis Assistance program helps eligible low-income households in emergency situations by providing primary heat security deposits and funding the repair or replacement of heating equipment. The Crisis Assistance program application period began Nov. 1, and closes on Monday, March 17, 2008. To apply, call the Department of Family Services' energy assistance phone line at 703-324-7604, TTY 703-222-9452, and ask for an application to be mailed to you, or pick up an application at any of the department's four offices:

- **Fairfax - Pennino Building**, 12011 Government Center Parkway 703-324-7500, TTY 703-222-9452.
- **Falls Church** - 6245 Leesburg Pike (Route 7) 703-533-5300, TTY 703-533-5316.
- **Reston - Lake Anne Office Building**, 11484

Washington Plaza West 703-787-4900, TTY 703-707-9346.

- **Richmond Highway/Alexandria - South County Center**, 8350 Richmond Hwy (Rt. 1) 703-704-6353, TTY 703-799-3435.

The Department of Family Services offers extended office hours for public assistance services at all of the offices listed above, from 7 a.m. to 7 p.m., Mondays through Thursdays, and from 8 a.m. to 4:30 p.m. on Fridays. Applications are also available on the Web from the Virginia Department of Social Services at www.dss.virginia.gov.

Fire Safety

Smoke alarms are required by law and the Fairfax County Fire and Rescue Department also recommends having carbon monoxide alarms. Both alarms should be checked monthly and cleaned, dusted and vacuumed on a regular basis. Batteries should be replaced once every year, however lithium or long-lasting batteries don't need to be replaced but once every 10 years. The alarms themselves should be replaced every 10 years.

It is recommended that there be at least one smoke alarm on every level of the home. Smoke alarms should be placed near each sleeping area as well as the basement. For individuals who are difficult to wake up, it may be necessary to install an additional smoke alarm inside the bedroom.

The Fairfax County Fire and Rescue Department recommends that residents use products such as battery-operated or electric candles and flashlights.

**Alternative Heating Source Safety**

If families use alternative heating sources during the cold weather (it's a good idea to have one available in case the furnace fails), the Fairfax County Fire and Rescue Department recommends the following precautions:

- Be sure to allow proper ventilation and place it in a safe location away from flammable objects. You should have at least 3 feet of clearance between your alternative heat source and anything that could burn.
- Always turn off alternative heat sources before leaving or going to bed and do not leave children or pets unattended around any heating source. This includes extinguishing the embers in the fireplace – and never leave a fire burning unattended in the fireplace.
- Use generators only as independent power sources. Keep them outside and run a cord inside. Don't connect generators to main service panels. This could injure or kill utility workers trying to restore power.
- Use a sturdy screen in front of the fireplace to avoid sparks from flying out and igniting nearby objects and burn only clean wood.
- The immediate area in front of a fireplace (approximately 3 feet) should not have a rug, carpet or exposed wood flooring.

See **WINTER** on page 5

WINTER from page 4

- Allow enough clearance between a wood-burning stove and combustible materials such as walls, floors and ceilings.
- Make sure the flue is open before lighting a fire.
- Never close the flue while a fire is still smoldering.
- Never use gasoline or lighter fluid to start a fire.
- When lighting a gas fireplace, strike the match first, then turn on the gas.
- Burn only dry, seasoned wood and dispose of the cooled ashes in a closed metal container outside of your home.
- Don't use an extension cord with a portable heater. The current from the heater could melt the cord and cause a fire.
- Make sure the room has proper ventilation before using a kerosene heater.
- Since a kerosene heater has a constant open flame, it should not be used in a room where there are flammable solvents, aerosol sprays, gasoline or any type of oil.
- Do not use a fluid that is not recommended for your heater. Refuel outside and only after the heater has cooled down.
- Check the heater's wick every couple of weeks during the heating season. If the wick is dirty, clean it according to the manufacturer's instructions.

Freezing Pipes and Plumbing

Fairfax Water encourages residents to take the following preventative actions to protect home plumbing:

- Locate and mark the main water cutoff valve for your home. This cutoff valve is usually found near where the waterline comes into your house. Damage from running water can be minimized if you can turn off this valve quickly.
- Make sure the waterline to outside faucets is turned off and the line is drained. Consider wrapping or insulating your water pipes, especially those pipes near outside walls, under the house or in the attic. Insulation supplies are available at local home improvement or hardware stores.
- Eliminate drafts. Check around the home for areas where water supply lines are located in unheated areas and take measures to prevent the flow of cold air in these areas. Look in the basement, crawl space, attic, garage and under kitchen and bathroom cabinets. Both hot and cold water pipes in these areas should be insulated. A hot water supply line can freeze just as a cold water supply line can if water is not running through the pipe and the water temperature becomes cold.
- If a water pipe freezes, never try to thaw it with an open flame or torch. You can use a hair dryer or portable heater, but always be careful of the potential for electric shock in and around standing water.
- If you will be away from your home, keep the thermostat at a reasonable temperature to make sure all areas with water pipes are kept above freezing.

If you suspect you have a frozen water meter, call Fair-

fax Water for help. Service crews are available 24 hours a day and will respond as soon as possible. You can reach Fairfax Water's Customer Service Department at 703-698-5800, TTY 711. After hours, the emergency number is 703-698-5613, TTY 711. Additional information can be found at www.fairfaxwater.org.

If you are vacating your home because you have lost your heat source, locate and turn off your main water cutoff valve. After the valve is turned off, open a faucet on each level of your home to allow for expansion should the un-drained water freeze. If you are staying in your home or will be monitoring your home frequently, allow a faucet to drip cold water slowly. At a minimum, the dripping faucet should be the one that is the greatest distance from your main water cutoff valve. Consider allowing a slow drip in areas that are least protected from the cold (basements, crawl spaces, attics and garages).

Pet Safety

Pets should be kept indoors during winter months. If a pet is outdoors, by law, it must be provided with shelter. The pet's house should be elevated off the ground to prevent moisture accumulation and have a door of some kind to keep out winter winds, sleet and snow. Shelters should be insulated or heated. In severely cold or inclement weather, no pet should be kept outside.



Indoor pets should have sleeping quarters in a draft-free, warm area with their bed or mattress elevated slightly off the floor. For bedding, use hay or other non-absorbent materials that will remain dry during inclement weather. Other tips to keep pets safe include:

- Don't let dogs off their leash or they may get lost and suffer from cold-weather related problems.
- Snow and salt should be removed from pets' paws immediately to avoid burning the paw pads. Use a pet-safe de-icing salt.
- Frostbitten skin is red or gray. Apply warm, moist towels to thaw out frostbitten areas slowly until the skin appears flushed. Contact your veterinarian as soon as possible for further care.
- Outdoor pets require extra calories to keep warm so feed your pet a little more during cold winter months.
- Be sure your pet's water doesn't freeze while outdoors by using a heated water source.
- Cats, house pets and wildlife may climb onto vehicle engines for warmth during cold weather. Be sure to check under the hood before starting your vehicle and honk the horn to startle any animals seeking shelter inside.

Ice Safety

Ice skating on county ponds, lakes and retention ponds is prohibited for safety reasons. Due to fluctuating temperatures, it is not safe to venture on any ice-covered lake, stream or stormwater retention pond. Even if the ice is a foot thick in one area, it can be 1-inch thick just

See **WINTER** on page 6

Emergency Preparedness for Your Business Everyone Should Be Prepared

By PFC Katy Fernbacher

Your business should be just as important as your family when it comes to Emergency Preparedness. Whether the emergency is an illness, an act of terrorism, or a natural disaster, your business should have a plan for the sake of your employees, as well as the survival of your business. The recent Business Crime Prevention Workshop addressed Business Preparedness and how to make a plan for any type of business. Here are some highlights from the presentation given by Fairfax County Office of Emergency Management's own Ellen Kamilakis:

- **Plan in advance.** Ask employees to be a part of the planning. Be prepared for any type of emergency that might affect your business. Make business continuity plans to keep your business functioning during any type of disaster. Have plans to quickly evacuate your facility and a shelter-in-place plan. Remember to assess the situation, use common sense and available resources to take care of your business, your employees and yourself.

- **Make the plan a part of your business.** Practice the plan and have drills, talk about what is going to happen. Put in place some form of communication with your employees in case of inclement weather or other emergency. Have current contact information for all of your employees in case they need to be contacted. Encourage employees to make emergency plans with their families. Remember your employees are the backbone of your business. If they are taken care of, your business will be taken care of.

- **Ensure that your plan is feasible in an emergency.** Consider what will happen if schools close, daycare facilities close and if roads are impassible. All of these things will affect your businesses plan. Employees are going to put their families and their own safety before your business. If your businesses plan includes all of your employees needs your business will be successful in its design.

- **Emergency supplies are a must for every business.** The basics of survival should include fresh water, food, clean air and warmth. Recommended emergency supplies include:

- o **Water**, amounts for portable kits will vary. Individuals should determine what amount they are able to both store comfortably and to transport to other locations. If it is feasible, store one gallon of water per person per day, for drinking and sanitation
- o **Food**, at least a three-day supply of non-perishable food
- o **Battery-powered radio and extra batteries**
- o **Flashlight and extra batteries**
- o **First Aid kit**
- o **Whistle** to signal for help
- o **Dust or filter masks**, readily available in hardware stores, which are rated based on how small a particle



they filter

- o **Moist towelettes** for sanitation
- o **Wrench or pliers** to turn off utilities
- o **Can opener** for food (if kit contains canned food)
- o **Plastic sheeting and duct tape** to "seal the room"
- o **Garbage bags and plastic ties** for personal sanitation

Keep copies of important records such as site maps, insurance records, employee contact and identification information, bank records and account numbers, computer back-up information, shipping and receiving information and any other information you feel is important to your business in a waterproof, fire proof, portable container. If any of this information can be kept in electronic form off site of your business, it will add another layer of protection for your business if a disaster should strike. Remember, all of this information will be lost if it is not saved and transported away from your business prior to a disaster or emergency.

These are just a few suggestions from the Fairfax County Office of Emergency Management. Please visit www.ready.gov/business for more information about making a plan for your business. For more information about Emergency Preparedness in Fairfax County visit the Fairfax County Office of Emergency Management at www.fairfaxcounty.gov/oem or by telephone at (703) 324-2362 (TTY 711).

WINTER from page 5

a few yards away. It's impossible to judge the strength of ice by its appearance, thickness, daily temperature or snow cover alone. Ice strength is actually dependent on all four factors, plus water depth under the ice, the size of the body of water, water chemistry, currents and distribution of the load on the ice.

Additional Information and Resources

In cases of extreme weather, Fairfax County residents concerned about the safety or well-being of children, elderly adults or adults with disabilities can contact Fairfax County Child Protective Services at (703) 324-7400, TTY 711, or Adult Protective Services at (703) 324-7450, TTY 711. Information from Fairfax Water can be found at www.fairfaxwater.org. Fire safety information is available at www.fairfaxcounty.gov/fire.

Further information is available on Fairfax County's Emergency Information Web page at www.fairfaxcounty.gov/emergency as well as the Virginia Department of Emergency Management's Web page at www.vaemergency.com. Residents also may call the Fairfax County Government Emergency Information Line, which is available 24 hours a day with recorded information, (703) 817-7771, TTY 711.

Additional information on getting involved with emergency preparedness and response volunteer programs in the county is available online at the Fairfax County Citizens Corps Web site, www.fairfaxcountycitizenscorps.org.

CITIZENS' ADVISORY COMMITTEE

Would you like to become more involved in the Reston District? You can, by attending the Citizens' Advisory Committee (CAC) meetings. The CAC was established in 1979 to enhance the Police Department's ability to communicate with and better serve the community.



The CAC meeting can involve presentations about any aspect of the Police Department and may cover the helicopter division, identity theft, the K-9 division, or child safety. In addition, you will find out what is going on in your community and will have the opportunity to talk to the Commander of the Reston District Station and express your concerns directly.

The formal meeting starts at 7:30 p.m. and runs about 1½ hours. (The Neighborhood Watch meeting precedes it at 7:15 p.m.). The meetings are normally held the third Thursday of each month in the community room of the Reston District Station at 12000 Bowman Towne Drive, Reston. There are no dues or membership requirements, and dress is casual. Late arrival/early departure is OK. This is time well spent, and we hope to see you there. For more information, contact the Crime Prevention Office at (703) 478-0799. Everyone is welcome to join us!

Crime Solvers Launches New Website!

Fairfax County Crime Solvers has launched its own website. It was designed to aid the program and the Police Department. There are pages to advertise wanted fugitives, cold cases, suspects caught in the act, and more at www.fairfaxcrimesolvers.org.

Community Crime Statistic Information Line

Residents interested in receiving a report based on the frequency of calls dispatched to a specific area of interest over the previous 12-month period are now able to do so. Call (703) 246-7932 and you will be directed to leave your name and phone number, fax, email or mailing address. Requests take approximately 5-7 days.

Fairfax Police Department Programs

Fairfax County Police Department SAFE (Sexual Assault Free and Empowered) Women's Self Defense Program: SAFE teaches realistic self-defense tactics and techniques. The program begins with awareness, prevention, risk reduction, and avoidance. It then progresses to the basics of hands-on defense training. To learn more or to register for the course, call (703) 246-7806.

Reston Police Station Services

For more information regarding the following services, please contact the Crime Prevention Office at (703) 478-0799 or e-mail the Crime Prevention Officers **Katy Fernbacher** at katy.fernbacher@fairfaxcounty.gov or **Chip Cogan** at Harry.Cogan@fairfaxcounty.gov.

Reston Police Newsletter: Please contact us if you are interested in being on our e-mail/ mailing list for the monthly *Reston Reliance* newsletter.

Home/Business Security Assessments: If you are concerned about the safety and security of your home or business, call us to schedule a free security assessment. We will make recommendations and offer suggestions to better safeguard your home or business.

Neighborhood Watch Training: If your community is interested in receiving Neighborhood Watch training, please call us and we will schedule a time to come to your community to give the training.

Child Safety Seat Inspections: Inspections are scheduled through voicemail by calling (703) 478-0904 x5208. If you are interested in this service please allow enough time before your due date to have your child safety seat inspected. Scheduled BY APPOINTMENT ONLY.

Reston Business Crime Watch: This e-mail alert system is designed to give businesses up-to-date and specific crime information pertaining to the type or location of the business.



Community Resources

Cut out and hang near your phone for easy reference

POLICE—Non-Emergency.....	703-691-2131
EMERGENCY	911
Reston District Police Station.....	703-478-0904
Alcohol and Drug Services (Youth Services).....	703-961-1080
Center for Multicultural Human Services.....	703-533-3302
CrisisLink Crisis Hotline (Suicide, trauma, life crises).....	703-527-4077
Community Services Board (Prevention services).....	703-324-7000
Emergency Mental Health Services (24 hour).....	703-573-5679
Department of Family Services.....	703-324-7938
Fairfax County Dept. of Community and Recreation Services—Teen Services...	703-324-8336
Fairfax County Gang Coordinator.....	703-246-2396
Fairfax County Health Dept.....	703-246-2411
Fairfax Co. Health Dept.—Tattoo Removal Program.....	703-246-7182
Fairfax County Juvenile and Domestic Relations Court.....	703-246-2495
Fairfax County Police Gang Prevention Coordinator.....	703-246-7844
Fairfax County Public Schools—After school programs.....	703-246-6740
Northern Virginia Gang Task Force—Tip Line.....	1-866-664-2647
Youth Employment (NVWIB job hunt).....	703-368-0775



To request this information in an alternate format, call the Fairfax County Police Department at (703) 246-7562 and TTY (703) 204-2264.



A Fairfax County, Va., publication

Reston District Police Station
12000 Bowman Towne Dr.
Reston, VA 20190



PRST STD
U.S. POSTAGE
PAID
PERMIT 45
FAIRFAX VA